# 2020 Premera Medicare Advantage Plan Information

Thank you for your interest in applying for the Premera Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Premera within 7 days of the application receipt.

### Enrollment Packet – click links below to view the information

Star Rating: <a href="Premera">Premera</a> / <a href="Soundpath">Soundpath</a>

Download Application
Summary of Benefits

Provider Search
Pharmacy Search

<u>Formulary</u>

# Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

# Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. *If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.* If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

# Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC
PO Box 26540
Eugene, Oregon 97402
Fax: 1.541.284.2994 or 888.632.5470
Secure File Upload: Click here
Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <a href="https://medicare-washington.com">https://medicare-washington.com</a>

Y0062 MULTIPLAN CDA INSURANCE Washington 2020



# Enrollment Request Form

PLAN #:

PBP:

Please contact us at 888-868-7767 (TTY/TDD:711) if you need help with your enrollment. Monday-Friday, 8 a.m. to 8 p.m. (or 7 days a week, 8 a.m. to 8 p.m., October 1-March 31). Fax: 800-381-4837

PO Box 262548 Plano, TX 75026

YC	UR INFOR	MATION							
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Bi	rth Date:	/	/	Sex: □ M □ F	Phone:	( )			
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-	blue Medicare card.  OR					Medicare #:			
Attach a copy of your Medicare card or your letter from					n	Is Entitled To		EFFECTIVE DATE	
S	Social Security or the Railroad Retirement Board.					HOSPITAL (Par	t A)		
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ONLY	AGENT NAME: Tiffany Jackson			WRITING #: 6376V0698				OFFICE	
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GROUP #:

CONTRACT #:

# 1. Find your county

2.	Check the	<b>Premera Blue</b>	Cross	Medicare	Advantage	plan	you want
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KING • PIERCE • SNOHOMISH • THURSTON  HMO - \$0 Add Optional Dental Plan - \$26 Classic HMO - \$55 Classic Plus HMO - \$190	Peak + Rx (HMO) - \$0 Add Optional Dental Plan - \$26 Sound + Rx (HMO) - \$40 Charter + Rx (HMO) - \$150 Alpine (HMO) - \$42 (no prescription coverage)
LEWIS  HMO - \$0  Add Optional Dental Plan - \$26	☐ Classic HMO - \$55
SPOKANE  HMO - \$0  Add Optional Dental Plan - \$26	☐ Total Health HMO - \$24
STEVENS  Total Health HMO - \$24	
SKAGIT • ISLAND • SAN JUAN • WALLA WALLA  Core HMO - \$12  Add Optional Dental Plan - \$26  Core Plus HMO - \$75	
WHATCOM	
Core HMO - \$12 Add Optional Dental Plan - \$26 Peak + Rx (HMO) - \$0 Add Optional Dental Plan - \$26 Sound + Rx (HMO) - \$40	<ul> <li>Charter + Rx (HMO) - \$150</li> <li>□ Alpine (HMO) - \$42 (no prescription coverage)</li> <li>□ Classic (HMO) - \$55</li> </ul>

#### PAYING YOUR PLAN PREMIUM

If we determine that you owe a late enrollment penalty (or if you currently have a late enrollment penalty), we need to know how you would prefer to pay it. You can pay your monthly plan premium, including any late enrollment penalty that you currently have or may owe, by mail or Electronic Funds Transfer (EFT) each month. You can also choose to pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month.

If you are assessed a Part D-Income Related Monthly Adjustment Amount (Part D-IRMAA), you will be notified by the Social Security Administration. You will be responsible for paying this extra amount in addition to your plan premium. You will either have the amount withheld from your Social Security benefit check or be billed directly by Medicare or RRB. DO NOT pay Premera Blue Cross the Part D-IRMAA.

People with limited incomes may qualify for extra help to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not be subject to the coverage gap or a late enrollment penalty. Many people are eligible for these savings and don't even know it. For more information about this extra help, contact your local Social Security office, or call Social Security at 800-772-1213. TTY/TDD users should call 800-325-0778. You can also apply for extra help online at www.socialsecurity.gov/prescriptionhelp.

If you qualify for extra help with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare doesn't cover. If you don't select a payment option, you will get a bill each month.

ricase select a premium payment option.				
unt each month. Enclose a VOIDED check or provide the following:				
Account type: ☐ Checking ☐ Savings				
Bank Account #:				
ay take two or more months to begin <u>after</u> Social Security or begins, you may receive invoices for your premium. You will rectly to Premera from your effective date until the date your uction is approved. If Social Security or RRB does not approve you a letter and paper bill for your monthly premiums.)				

# READ AND ANSWER THESE IMPORTANT QUESTIONS

1.	Do you have End-Stage Renal Disease (ESRD)? $\ \square$ Yes $\ \square$ No					
	If you have had a successful kidney transplant and/or you don't need regular dialysis any more, <b>please attach a note or records</b> from your doctor showing you have had a successful kidney transplant or you don't need dialysis, otherwise we may need to contact you to obtain additional information.					
2.	Some individuals may have other drug coverage, including other private insurance, TRICARE, Federal employee health benefits coverage, VA benefits, or State pharmaceutical assistance programs.					
	Nill you have other prescription coverage in addition to Premera Blue Cross? $\;\square$ Yes $\;\square$ No					
	If "yes," please list your other coverage and your identification (ID) number(s) for this coverage:  Name of other coverage:					
	ID # for this coverage: Group # for this coverage:					
3.	If "yes," please provide the following information:  Name of institution:  Address and phone # of institution (number and street):					
4.	Are you enrolled in your State Medicaid program?					
	Do you or your spouse work? □ Yes □ No ease check the box if you would prefer us to send you information in a language other than English or in					
an	other format:   Spanish   Braille					
in	ease contact us at 888-868-7767 (TTY/TDD:711) if you need help with your enrollment, or if you need information a format or language other than what is listed above. Monday-Friday, 8 a.m. to 8 p.m. (7 days a week, 8 a.m. to 8 m., October 1-March 31).					

#### ATTESTATION OF ELIGIBILITY FOR AN ENROLLMENT PERIOD

Typically, you may enroll in a Medicare Advantage plan only during the annual enrollment period from October 15 through December 7 of each year. There are exceptions that may allow you to enroll in a Medicare Advantage plan outside of this period.

Please read the following statements carefully and check the box if the statement applies to you. By checking any of the following boxes you are certifying that, to the best of your knowledge, you are eligible for an Enrollment Period. If we later determine that this information is incorrect, you may be disenrolled.

I am new to Medicare.
I am enrolled in a Medicare Advantage plan and want to make a change during the Medicare Advantage Open Enrollment Period (MA OEP).
I recently moved outside of the service area for my current plan or I recently moved and this plan is a new option for me. I moved on (insert date here)
I recently was released from incarceration. I was released on (insert date here)
I recently returned to the United States after living permanently outside of the U.S.  I returned to the U.S. on (insert date here)
I recently obtained lawful presence status in the United States. I got status on (insert date here)
I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance, or lost Medicaid) on (insert date)
I have both Medicare and Medicaid or my state helps pay for my Medicare premiums.
I recently had a change in my Extra Help paying for Medicare prescription drug coverage (newly got Extra Help, had a change in the level of Extra Help or lost Extra Help) on (insert date)
I I am moving into, live in, or recently moved out of a Long-Term Care Facility (for example, a nursing home or long term care facility). I moved/will move into/our of the facility on (insert date)
I recently left a PACE program (insert date here)
I recently involuntarily lost my creditable prescription drug coverage (coverage as good as Medicare's). I lost my drug coverage on (insert date here)
I am leaving employer or union coverage on (insert date here)
I belong to a pharmacy assistance program provided by my state.
My plan is ending its contract with Medicare, OR Medicare is ending its contract with my plan.
I was enrolled in a plan by Medicarre (or my state) and I want to choose a different plan. My enrollment in that plan started on (insert date)
I was enrolled in a Special Needs Plan (SNP) but I have lost the special needs qualification required to be in that plan. I was disenrolled from the SNP on (insert date here)
I was impacted by a significant network change with my current plan and was notified on: (insert date here)
I was affected by a weather-related emergency or major disaster (as declared by the Federal Emergency Management Agency (FEMA). One of the other statements here applied to me, but I was unable to make my enrollment because of a natural disaster.

If none of these statements applies to you or you're not sure, please contact Premera Blue Cross at 888-868-7767 (TTY/TDD: 711) to see if you are eligible to enroll. Our office hours are Monday-Friday, 8 a.m. to 8 p.m., from October 1-March 31).

please continue to the next page —

### STOP - READ THIS IMPORTANT INFORMATION

If you currently have health coverage from an employer or union, joining Premera Blue Cross could affect your employer or union health benefits. You could lose your employer or union health coverage if you join Premera Blue Cross. Read the communications your employer or union sends you. If you have questions, visit their website, or contact the office listed in their communications. If there isn't any information on whom to contact, your benefits administrator or the office that answers questions about your coverage can help.

#### PLEASE READ AND SIGN BELOW

# By completing this enrollment application, I agree to the following:

Premera Blue Cross is a Medicare Advantage plan and has a contract with the Federal government. I will need to keep my Medicare Parts A and B. I can be in only one Medicare Advantage plan at a time, and I understand that my enrollment in this plan will automatically end my enrollment in another Medicare Advantage health plan or Part D prescription drug plan. It is my responsibility to inform you of any prescription drug coverage that I have or may get in the future. Enrollment in this plan is generally for the entire year. Once I enroll, I may leave this plan or make changes only at certain times of the year when an enrollment period is available (Example: October 15 – December 7 of every year), or under certain special circumstances.

Premera Blue Cross serves a specific service area. If I move out of the area that my Premera Blue Cross Medicare Advantage plan serves, I need to notify the plan so I can disenroll and find a new plan in my new area. Once I am a member of Premera Blue Cross, I have the right to appeal plan decisions about payment or services if I disagree. I understand that the Evidence of Coverage document, available at premera.com/ma or by mail upon request, outlines the rules I must follow to get coverage with this Medicare Advantage plan. I understand that people with Medicare aren't usually covered under Medicare while out of the country except for limited coverage near the U.S. border.

I understand that beginning on the date Premera Blue Cross Medicare Advantage (HMO), or Premera Blue Cross Medicare Advantage Classic (HMO), or Premera Blue Cross Medicare Advantage Classic Plus (HMO), or Premera Blue Cross Medicare Advantage Total Health (HMO), or Premera Blue Cross Medicare Advantage Core (HMO), or Premera Blue Cross Medicare Advantage Peak + Rx (HMO), or Premera Blue Cross Medicare Advantage Sound + Rx (HMO), or Premera Blue Cross Medicare Advantage Alpine (HMO) coverage begins, I must get all of my health care from Premera Blue Cross Medicare Advantage Network Providers, except for emergency or urgently needed services or out-of-area dialysis services. Services authorized by Premera Blue Cross and other services contained in my Premera Blue Cross Evidence of Coverage document (also known as a member contract or subscriber agreement) will be covered. Without authorization, **NEITHER MEDICARE NOR PREMERA BLUE CROSS WILL PAY FOR THE SERVICES.** 

I understand that if I am getting assistance from a sales agent, broker or other individual employed by or contracted with Premera Blue Cross, he/she may be paid based on my enrollment in Premera Blue Cross.

**Release of Information:** By joining this Medicare health plan, I acknowledge that Premera Blue Cross will release my information to Medicare and other plans as is necessary for treatment, payment and health care operations. I also acknowledge that Premera Blue Cross will release my information including my prescription drug event data to Medicare, who may release it for research and other purposes which follow all applicable Federal statutes and regulations. The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.

I understand that my signature (or the signature of the person authorized to act on my behalf under the laws of the State where I live) on this application means that I have read and understand the contents of this application. If signed by an authorized individual (as described above), this signature certifies that: 1) this person is authorized under State law to complete this enrollment and 2) documentation of this authority is available upon request from Medicare.

Signature:		Today's Date:				
If you are the authorized representative, you must sign above and provide the following information:						
Name:						
Address:						
Phone: (	)	Relationship to Enrollee:				

Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera depends on contract renewal.

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# Discrimination is Against the Law

Premera Blue Cross (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, Premera Blue Cross Medicare Advantage Plans - Complaints & Appeals, PO Box 262527, Plano, TX 75026, Phone: 888-850-8526, Fax: 800-889-1076, TTY: 711, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

# Language Assistance

- <u>ATENCIÓN</u>: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-850-8526 (TTY: 711).
- 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 888-850-8526(TTY:711)。
- CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 888-850-8526 (TTY: 711).
- <u>주의</u>: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 888-850-8526 (TTY: 711) 번으로 전화해 주십시오.
- <u>ВНИМАНИЕ</u>: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 888-850-8526 (телетайп: 711).
- <u>PAUNAWA</u>: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 888-850-8526 (TTY: 711).
- <u>УВАГА!</u> Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 888-850-8526 (телетайп: 711).
- ប្រយ័ត្ន៖ បើសិនជាអ្នក់និយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 888-850-8526 (TTY: 711)។
- <u>注意事項</u>:日本語を話される場合、無料の言語支援をご利用いただけます。888-850-8526 (TTY:711) まで、お電話にてご連絡ください。
- <u>ማስታወሻ:</u> የሚናንሩት ቋንቋ ኣጣርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊ*ያግዝዎት ተዘጋ*ጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 888-850-8526 (*መ*ስጣት ለተሳናቸው: 711).
- XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 888-850-8526 (TTY: 711).
- ملحوظة. إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 888-850-888 (رقم هاتف الصم والبكم: 711).
- <u>ਧਿਆਨ ਦਿਓ</u>: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 888-850-8526 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।
- <u>ACHTUNG</u>: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 888-850-8526 (TTY: 711).
- ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 888-850-8526 (TTY: 711).
- Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera Blue Cross depends on renewal. Y0134\_PBC1088\_C 028023 (05-03-2019)