

2019 PacificSource MyCare Plan Information

Thank you for your interest in applying for the PacificSource Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from PacificSource within 7 days of the application receipt.

Enrollment Packet – click links below to view the information

Plan Rating: [HMO](#)

[Apply Online](#)

Summary of Benefits: [MyCare 35](#) / [MyCare Rx 33](#) / [MyCare Rx 34](#) / [MyCare Rx 37 & 38](#)

[Provider Directory](#)

[Pharmacy Directory](#)

[Formulary](#)

Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15th to December 7th. This will give you a January 1st effective date for your new plan.

Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15th and December 7th. *If they are signed prior to October 15th they will be returned to you with a new application.* If they are received after December 7th, you will not be able to change plans until the next AEP for January of the following year.

Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC
PO Box 26540
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470
Secure File Upload: [Click here](#)
Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <https://medicare-washington.com>

Y0062_MULTIPLAN_CDA INSURANCE Washington 2019



Summary of Benefits 2019

MyCare Rx 37 (HMO)
MyCare Rx 38 (HMO)

Clark County



Things to Know About PacificSource Medicare MyCare Rx 37 (HMO) and MyCare Rx 38 (HMO)



Who can join?

To join **PacificSource Medicare MyCare Rx 37 (HMO)** or **MyCare Rx 38 (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Washington: Clark.

Which doctors, hospitals, and pharmacies can I use?

PacificSource Medicare MyCare Rx 37 (HMO) and **MyCare Rx 38 (HMO)** have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. Exceptions are emergencies, urgent care, and out-of-area dialysis services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's **provider directory** on our website, www.Medicare.PacificSource.com/Search/Provider.

You can see our plan's **pharmacy directory** on our website, www.Medicare.PacificSource.com/Search/Pharmacy.

Or, call us and we will send you a copy of the provider and pharmacy directories.

What do we cover?

- **Our plan members get all of the benefits covered by Original Medicare.** For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- **Our plan members also get more than what is covered by Original Medicare.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs, such as chemotherapy and some drugs administered by your provider.

You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, www.Medicare.PacificSource.com/Search/Drug.

Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

The amount you pay depends on the drug's tier, the pharmacy, and which benefit stage you have reached. See your formulary to locate which tier your drug is on. See the Prescription Drug Benefits page of this document for more detail on the benefit stages: initial coverage, coverage gap, and catastrophic coverage.

Summary of Benefits: January 1, 2019–December 31, 2019



This is a summary of drug and medical services and costs covered by PacificSource Medicare for the MyCare Rx 37 (HMO) and MyCare Rx 38 (HMO) plans.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

If you want to compare our plans with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on www.Medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.Medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

	MYCARE RX 37 (HMO)	MYCARE RX 38 (HMO)
	You Pay	
Monthly Premium		
You must continue to pay your Medicare Part B premium.	\$0	\$36
Medical Deductible		
	\$0	\$0
Pharmacy Deductible		
For Tier 3, 4, and 5 drugs	\$200	\$150
Out-of-pocket Maximum		
Yearly limit on your out-of-pocket costs for medical and hospital care with in-network providers.	\$5,200	\$4,500
Inpatient Hospital Care		
Our plan covers an unlimited number of days for an inpatient hospital stay. Prior authorization is required, except in urgent or emergent situations.	\$350 per day for days 1–5 \$0 for days 6 and beyond	\$295 per day for days 1–5 \$0 for days 6 and beyond
Outpatient Surgery		
Ambulatory surgical center	\$225	\$225
Outpatient hospital	\$225	\$225
Prior authorization is required for some services.		
Doctor's Office Visits		
Primary Care Physician (PCP)/Specialty	PCP - \$0 Specialty - \$35	PCP - \$0 Specialty - \$25
Prior authorization may be required for surgery or treatment services.		
Preventive Care		
For Medicare-approved preventive care. Examples include an annual physical exam, flu shots, and various cancer screenings.	\$0	\$0
Emergency Care		
Waived if admitted to hospital within 72 hours	\$90	\$90
Urgently Needed Services		
	\$40	\$25
Diagnostic Radiology Services (such as MRIs and CT scans)		
Prior authorization is required for advanced/complex, imaging such as: CT scan, MRI, PET scan, Nuclear Test.	CT Scan - \$200 MRI - \$320 PET Scan - \$320 Nuclear Test - \$200	CT Scan - \$190 MRI - \$310 PET Scan - \$310 Nuclear Test - \$190
Diagnostic Tests and Procedures		
	20%	\$15
Lab Services		
Prior authorization is required for genetic testing and analysis.	A1c and Prottime Testing - \$0 Genetic Testing - 20% All other Lab Services - \$20	A1c and Prottime Testing - \$0 Genetic Testing - 20% All other Lab Services - \$15

MYCARE RX 37 (HMO)
MYCARE RX 38 (HMO)
You Pay

	MYCARE RX 37 (HMO)	MYCARE RX 38 (HMO)
Outpatient X-rays		
	\$15	\$15
Therapeutic Radiology Services		
Prior authorization is required for some radiation services.	20%	20%
Hearing Services		
Exam to diagnose and treat hearing and balance issues	\$35	\$25
Routine hearing exam (up to one per year)	\$45	\$45
TruHearing™ Flyte Hearing Aids		
Flyte Advanced: Per aid, up to two per year	\$699	\$699
Flyte Premium: Per aid, up to two per year	\$999	\$999
Routine hearing exam and hearing aid co-payments do not count toward out-of-pocket maximum.		
Dental Services		
For Medicare-covered dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth). Prior authorization is required for nonroutine dental care.	\$35	\$25
Vision Services		
Medicare-covered eye exam to diagnose and treat glaucoma and diabetic retinopathy.	\$0	\$0
Routine eye exam, one every two years	\$20	\$25
Eyeglasses or contact lenses after cataract surgery <i>There is a limit to how much our plan will pay.</i>	\$0	\$0
Reimbursement every 2 years for routine prescription eyeglasses or contact lenses.	\$200 reimbursement	\$200 reimbursement
Mental Health Care		
Inpatient Services		
Prior authorization is required for inpatient mental health care, except in an emergency. 190-day lifetime limit for inpatient care not provided in a general hospital.	\$330 per day for days 1–5 \$0 for days 6 and beyond	\$295 per day for days 1–5 \$0 for days 6 and beyond
Outpatient Services Per group or individual therapy visit	\$35	\$15
Skilled Nursing Facility (SNF)		
Prior authorization is required. Limited up to 100 days per benefit period. No prior hospital stay is required.	\$0 per day for days 1–20 \$172 per day for days 21–100	\$0 per day for days 1–20 \$172 per day for days 21–100

	MYCARE RX 37 (HMO)	MYCARE RX 38 (HMO)
	You Pay	
Physical Therapy		
Prior authorization is required for services beyond the Medicare therapy cap limits.	\$30	\$25
Ambulance		
Per one-way transport. Prior authorization is required for nonemergency transportation.	\$350	\$250
Transportation		
	Not covered	Not covered
Part B Drug Coverage		
Prior authorization is required for some drugs.	20%	20%
Durable Medical Equipment (wheelchairs, oxygen, etc.)		
Prior authorization may be required for some durable medical equipment (DME).	20%	20%
Foot Care (podiatry services)		
Foot exams and treatment if you have diabetic foot disease and/or meet certain conditions	\$35	\$25
Medicare-covered Chiropractic Care		
Spinal manipulation to correct a subluxation	\$20	\$20
Diabetes Supplies and Services		
Diabetes monitoring supplies, self-management training, and therapeutic shoes or inserts	\$0	\$0
Home Health Care		
	\$0	\$0
Hospice		
Hospice is covered outside of our plan. Please contact us for more details.	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care.	
Outpatient Substance Abuse		
Group and individual therapy	\$35	\$25
Prosthetic Devices (braces, artificial limbs, etc.)		
Prior authorization may be required.	\$0 internally implanted 20% all other	\$0 internally implanted 20% all other
Renal Dialysis		
	20%	20%
Outpatient Rehabilitation		
Prior authorization is required for services beyond the Medicare therapy cap limits.		
Cardiac rehab services		
	\$40	\$25
Pulmonary rehab services, Occupational therapy, Speech and Language therapy, per visit		
	\$30	\$25

Prescription Drug Benefits



	MYCARE RX 37 (HMO)		MYCARE RX 38 (HMO)	
Stage 1				
Pharmacy Deductible	\$0 on Tiers 1, 2, and 6 \$200 on Tiers 3, 4, and 5		\$0 on Tiers 1, 2, and 6 \$150 on Tiers 3, 4, and 5	
Stage 2	When the total drug costs ² are between \$0 and \$3,820, you pay ¹ :			
Retail Pharmacy (30-day supply)*	Preferred Pharmacy	Standard Pharmacy	Preferred Pharmacy	Standard Pharmacy
Tier 1 Preferred Generic	\$3	\$8	\$2	\$7
Tier 2 Generic	\$12	\$17	\$12	\$17
Tier 3 Preferred Brand	\$37	\$47	\$37	\$47
Tier 4 Non-preferred	31%	33%	31%	33%
Tier 5 Specialty Tier	29% (30-day supply only)		30% (30-day supply only)	
Tier 6 Select Care	\$0	\$0	\$0	\$0
Stage 3	After total drug costs ² reach \$3,820, you pay ¹ :			
Most Generic	37%		37%	
Most Brand	25%		25%	
All Drugs in Tier 6	All Tier 6 drugs have additional coverage during Stage Three (coverage gap). Your cost will not increase from Stage Two to Stage Three. See the list of covered drugs to determine which drugs are included.			
Stage 4	After your out-of-pocket costs ³ reach \$5,100, the maximum you pay ¹ until the end of the calendar year is:			
All Covered Drugs	Whichever is the larger amount: 5% of the cost OR \$3.40 for generic drugs \$8.50 all other drugs		Whichever is the larger amount: 5% of the cost OR \$3.40 for generic drugs \$8.50 all other drugs	



Save with Mail Order: Receive a 90-day supply for the same cost as a 60-day supply for medications in Tiers 1, 2, 3 & 6, through CVS Caremark. Shipping is free and auto-refills are available.

You may get your drugs at network retail pharmacies and mail order pharmacies. Cost-sharing may differ relative to the pharmacy's status as preferred or standard, mail-order, Long Term Care (LTC) or home infusion, and 30-, 60-, or 90-day supply.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

We do not cover prescription drugs purchased outside of the United States and its territories.

¹ If you're receiving Extra Help (low-income subsidy), your prescription drug deductible and co-pays may be lower.

² Total drug costs: what you and others on your behalf pay, and what PacificSource Medicare pays for your prescriptions.

³ Out-of-pocket costs: everything you and others have paid on your behalf during stages one, two, and three.

*A 60-day supply is available for 2 co-pays, and a **90-day supply is available for 3 co-pays at retail prices.**

Additional Benefits



	MYCARE RX 37 (HMO)	MYCARE RX 38 (HMO)
	You Pay	
Fitness Programs (Silver&Fit® Exercise and Healthy Aging Program)		
Gym membership:	\$0/year	\$0/year
Home kits, up to two:	\$0/year	\$0/year
Alternative Care		
Acupuncture, naturopathy, and non-Medicare covered chiropractic care	\$20 (up to \$450 combined benefit limit for these services per calendar year.)	
Over-the-counter Medications		
Reimbursement per year for purchase of over-the-counter (OTC) aspirin, calcium, and calcium-vitamin D combinations.	\$100 reimbursement	\$100 reimbursement
Office Visits for \$0 Co-pay		
\$0 co-pay for Primary Care Provider (PCP) office visits for new or existing conditions when included with an annual wellness visit or annual routine physical visit.	\$0 when received in conjunction with annual wellness or annual routine physical exam with primary care provider	
Dexa Scan		
Bone density diagnostic screenings	\$0	
Colonoscopy Diagnostic Screenings		
	\$0	
Chronic Care Management		
PCP or Specialist visit focusing on complex chronic care management services	\$0	
Transitional Care Management		
PCP or Specialist visit following discharge from an inpatient hospital setting	\$0	

Optional Benefits



You must pay an extra premium each month for these benefits.

	MYCARE RX 37 (HMO)	MYCARE RX 38 (HMO)
	You Pay	
Preventive Dental	<p>\$0 for the following:</p> <ul style="list-style-type: none"> • Two annual cleanings (one every six months) • Two routine exams (one every six months) • Bitewing x-rays (one set every six months) • Full-mouth x-rays and/or panorex (one series every five calendar years) 	
Additional Monthly Premium	<p>\$28 per month. This premium is in addition to your monthly plan premium of \$0.</p>	<p>\$28 per month. This premium is in addition to your monthly plan premium of \$36.</p>
Deductible	<p>This package does not have a deductible.</p>	
Out-of-network Dental Services	<p>We will cover 100% up to our maximum allowable charges for covered services. This maximum allowable is based on the 85th percentile of Usual, Customary, and Reasonable (UCR) charges. If your dentist is out of our network and the charges are more than the maximum allowable amount, you will have to pay for the excess charges.</p>	

Contact Us



Oct. 1 to Mar. 31: 7 days a week | 8 a.m. to 8 p.m. Local time

Apr. 1 to Sept. 30: Mon. to Fri. | 8 a.m. to 8 p.m. Local time

Toll-free: (888) 530-1428 | TTY: (800) 735-2900 | www.Medicare.PacificSource.com

This document is available in other formats, such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at (888) 863-3637. TTY users call (800) 735-2900.

PacificSource Community Health Plans is an HMO/PPO plan with a Medicare contract. Enrollment in PacificSource Medicare depends on contract renewal. This information is not a complete description of benefits. Call (888) 863-3637 or 711 for TTY users, for more information. Other pharmacies and providers are available in our network.