2024 Aetna Medicare Advantage Plan Information

Thank you for your interest in applying for the Aetna Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Aetna within 7 days of the application receipt.

Enrollment Packet – click links below to download and save documents

Star Rating: HMO / PPO
Online Application
Summary of Benefits: Preferred 380 / SmartFit 431 / Elite 007 / Value 001 / Eagle 330 / Value 010 / Choice 393 / Elite 009 / Extra Value 003 / Prime 008 / Preferred 380 / Choice 127 / Select 128 / Choice 379 / SmartFit 423 / Extra Value 149 / Value Plus 165 / SmartFit Elite 013 / Elite 006 /
Provider Search
Pharmacy Search
Formulary

Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15th to December 7th. This will give you a January 1st effective date for your new plan.

Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15th and December 7th. *If they are signed prior to October 15th they will be returned to you with a new application.* If they are received after December 7th, you will not be able to change plans until the next AEP for January of the following year.

Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc…

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC
PO Box 26540
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470
Secure File Upload: Click here
Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-washington.com

Y0062_MULTIPLAN_CDA INSURANCE Washington 2024 (Pending)

2024 Summary of Benefits

Aetna Medicare Eagle Plan (PPO)
H5521 - 330

aetna®

Here's a summary of the services we cover from January 1, 2024 through December 31, 2024. Keep in mind: This is just a summary. Need a complete list of what we cover and any limitations? Just visit AetnaMedicare.com/H5521-330 where you'll find the plan's *Evidence of Coverage* (EOC). You may call us to request a copy.

We're here to help

You may have questions as you read through this information. And that's OK — we're here to help.

Not a member yet?

Call 1-833-859-6031 (TTY: 711)
October 1–March 31: 8 AM to 8 PM, 7 days a week
April 1–September 30: 8 AM to 8 PM, Monday–Friday
An Aetna® team member will answer your call.

Already a member?

Call 1-833-570-6670 (TTY: 711)
8 AM to 8 PM, 7 days a week
An Aetna team member will answer your call.

2024-H5521.330.1

Are you eligible to enroll?

To join Aetna Medicare Eagle Plan (PPO), you must:

- Be entitled to Medicare Part A
- Have Medicare Part B
- Live in the plan's service area, which includes the following counties:
  Washington: Benton, Clark, Cowlitz, Franklin, King, Kitsap, Lewis, Mason, Pierce, Skagit, Snohomish, Spokane, Stevens, Thurston, Walla Walla, Yakima

What you should know

- **Plan type:** Aetna Medicare Eagle Plan (PPO) is a PPO plan. This is a Medicare Advantage plan that does not cover prescription drugs. You can use in-network and out-of-network providers. You will typically pay more for out-of-network care.
- **Primary Care Physician (PCP):** You have the option to choose a PCP. We recommend choosing a PCP because when we know who your doctor is we can better support your care.
- **Referrals:** Aetna Medicare Eagle Plan (PPO) doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.
- **Prior authorizations:** Your provider will work with us to get approval before you receive certain services.
- **Contact information:** To get more information about some benefits, please see the Contact quick reference chart at the end of this document.
- **Provider directory:** View your provider directory at AetnaMedicare.com/H5521-330.

Plan premium, deductible, and maximum out-of-pocket (MOOP)

Out-of-pocket costs	
Monthly premium	$0 You must continue to pay your Medicare Part B premium. With this plan, the monthly premium you pay to the SSA is reduced by $60.
Plan deductible	$0
MOOP	$5,500 for in-network services $8,950 for in- and out-of-network services combined Once you reach the maximum out-of-pocket, our plan pays 100% of covered medical services. Your premium doesn't count toward your MOOP.

Medical and hospital benefits

Hospital coverage
Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Inpatient (unlimited number of days)	$425 per day, days 1-5; $0 per day, days 6-90; $0 for additional days	50% per stay
Outpatient hospital observation services	$425 per stay	50% per stay
Outpatient hospital	$275	50%
Ambulatory surgical center	$195	50%

Doctor visits

Benefit	Your in-network costs	Your out-of-network costs
PCP	$0	50%
Specialist	$35	50%

Preventive, emergency and urgent care

Benefit	Your in-network costs	Your out-of-network costs
Preventive care	$0	0% – 50% 0% for the pneumonia, influenza, Hepatitis B, and COVID-19 vaccines 50% for all other Medicare-covered preventive services
	For a full list of preventive services available, see the EOC. Some covered services may have an associated cost.	
Emergency and urgent care (inside the U.S.)	$120 for emergency care $35 for urgent care	$120 for emergency care $35 for urgent care
Emergency and urgent care, including ambulance (outside the U.S.)	$120 for emergency care $120 for urgent care $265 for ambulance	$120 for emergency care $120 for urgent care $265 for ambulance

Diagnostic services, labs, imaging

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic tests and procedures	$0	50%
Lab services	$0	50%
Diagnostic radiology services, such as MRI	$295	50%
Outpatient x-rays	$0	50%

Hearing services

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic hearing exam	$0	50%
Routine hearing exam	$0	50%
	You get one routine hearing exam every year. You can visit a provider in the NationsHearing network, or an out-of-network provider.	
Hearing aids	You get an annual benefit amount (allowance) up to a maximum amount of $1,250 per ear, every year. This benefit amount can only be used to purchase hearing aids through a NationsHearing network provider. If the cost is over the benefit amount, you pay the difference.	Not Covered

Dental services

Benefit	Your in-network costs	Your out-of-network costs
Dental services	$0 for preventive services including oral exams, bitewing x-rays and cleanings $0 for comprehensive services including things like fillings, extractions, crowns, root canals, dentures, and implants	20% for preventive services including oral exams, bitewing x-rays and cleanings 20% for comprehensive services including things like fillings, extractions, crowns, root canals, dentures, and implants
	$1,750 annual benefit amount (allowance). This is the total amount that will be paid for covered preventive and comprehensive services combined. You are responsible for any costs over this amount. This benefit uses the Aetna Dental PPO Network, which is different from your medical network. You can use a provider in or out of the Aetna Dental PPO Network. However, in-network providers agree to bill us directly so you won't have to pay the provider and then submit a reimbursement request - and you may save money. To find a provider and learn more about this benefit visit AetnaMedicare.com/H5521-330	

Vision services

Benefit	Your in-network costs	Your out-of-network costs
Diagnostic eye exam (includes diabetic eye exams)	$0	50%
Glaucoma screening	$0	50%
Routine eye exam	$0 Our plan covers one exam every year.	50%
Contacts and eyeglasses	You get a vision eyewear benefit amount (allowance) up to $300 every year for covered prescription eyewear. This eyewear benefit is set up as a yearly direct member reimbursement (DMR). You can use your benefit amount at any licensed vision provider in the U.S. However, if you see an EyeMed provider, they may provide a discount and automatically apply your benefit amount so you won't have to submit for reimbursement. If you see a provider outside of the network, you will have to pay at the time of service and then submit for reimbursement.	

Mental health services

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Inpatient psychiatric hospital stay	$425 per day, days 1-5; $0 per day, days 6-90	50% per stay
Outpatient mental health therapy	$40	50%
Outpatient psychiatric therapy	$40	50%

Skilled nursing facility (SNF) and therapy

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification. Note: Members must meet the Centers for Medicare & Medicaid Services (CMS) criteria for medically necessary skilled care to be covered.

Benefit	Your in-network costs	Your out-of-network costs
SNF care	$0 per day, days 1-20; $196 per day, days 21-100	50% per stay
	Our plan covers up to 100 days per benefit period.	
Physical and speech therapy	$25	50%
Occupational therapy	$25	50%

Ambulance and routine transportation

Your doctor often needs approval from us before we cover non-emergency air ambulance. This is called **prior authorization** or pre-certification.

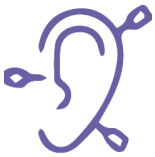
Benefit	Your in-network costs	Your out-of-network costs
Ambulance (ground or air, one-way trip)	$265	$265
Routine, non-emergency transportation	Not Covered	Not Covered

Medicare Part B drugs

Medicare Part B only covers certain medicines for certain conditions. These medicines are often given to you in your doctor's office. They can include things like vaccines, injections, and nebulizers, among others. They can also include medicines you take at home using special medical equipment. Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Chemotherapy drugs	0% - 20% Minimum cost share ensures member cost sharing does not exceed the adjusted Medicare coinsurance for Part B rebatable drugs	50%
Other Part B drugs	0% - 20% Minimum cost share ensures member cost sharing does not exceed the adjusted Medicare coinsurance for Part B rebatable drugs	50%

Other covered benefits



Complementary and alternative medicine (CAM)

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Acupuncture	$20 for Medicare-covered care $20 for routine care	50% for Medicare-covered care 50% for routine care
	Medicare coverage is limited to services to treat chronic low back pain. For routine services, we also cover up to twelve visits every year as necessary to meet your individual needs.	
Chiropractic care	$20 for Medicare-covered care $20 for routine care	50% for Medicare-covered care 50% for routine care
	Medicare coverage is limited to fixing a subluxation. This is when one or more of the bones in your spine move out of place. For routine services, we also cover up to twelve visits every year as necessary to meet your individual needs.	
Massage therapy	$20	50%
	Therapeutic massage uses a variety of massage techniques to relieve or reduce chronic muscle or joint pain. We cover up to twelve visits every year as necessary to meet your individual needs.	
Naturopathic physician services	$20	50%
	Naturopathic medicine combines modern and traditional approaches with more natural and wellness-based methods of treatment. We cover up to 12 visits every year as necessary to meet your individual needs.	

Diabetic supplies

We cover blood glucose monitors and diabetic test strips from **OneTouch®/LifeScan.**
Keep in mind: You'll pay more for other brands.
Your doctor may need approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs

Diabetic supplies	0% – 20% 0% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required)	0% – 20% 0% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required)

Fitness program

Benefit	Your costs in our plan
Physical and memory fitness	$0 You're eligible for a basic membership at SilverSneakers participating facilities. If you prefer to exercise at home, you can also access online classes or get an at-home fitness kit. This membership also includes classes and workshops taught by instructors trained in senior fitness, workout videos, a mobile app, and online fitness nutrition tips. You will also have access to online enrichment classes to support your health and wellness, as well as your mental fitness. You'll also have access to BrainHQ, an online memory fitness program. It contains brain exercises and assessments, as well as a library of information on activities that contribute to brain health. You can log in and use BrainHQ from your internet-connected computer, tablet, or smartphone (or all three) on a schedule that works best for you.

Foot care (podiatry services)

Benefit	Your in-network costs	Your out-of-network costs
Foot exams and treatment	$35 for Medicare-covered care	50% for Medicare-covered care

Home care and support

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Home health care	$0	50%
Meals	$0 Our plan covers up to 14 meals over 7 days after you're discharged from an Inpatient Acute Hospital, Inpatient Psychiatric Hospital or Skilled Nursing Facility. Upon discharge, you'll be contacted by NationsMarket to schedule delivery.	

Medical equipment and supplies

Your doctor often needs approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Durable medical equipment (DME), like CPAP* machines, wheelchairs and oxygen	20%	50%
Prosthetics, such as braces and artificial limbs	20%	50%

*CPAP stands for "continuous positive airway pressure."

Over-the-counter (OTC) benefit

You will receive a $120 benefit amount (allowance) each quarter to purchase approved over-the-counter (OTC) health and wellness items like first aid supplies, cold and allergy medicine, pain relievers, COVID-19 tests, and more. The $120 benefit amount is available the first day of each calendar quarter. Calendar quarters begin in January, April, July, October. Be sure to use the full benefit amount each calendar quarter, because any unused amount will not roll over into the next calendar quarter.

We have partnered with OTC Health Solutions (OTCHS) to provide this benefit. The benefit amount is not connected to a payment or debit card. You will use your Aetna Medicare Eagle Plan (PPO) member ID to confirm benefit eligibility, confirm available benefit amount, and make purchases. You can purchase approved products online, by phone or in CVS stores. For details view the OTCHS catalog at AetnaMedicare.com/H5521-330.

Benefit	
OTC	$120 quarterly

Resources For Living®

Benefit	
Resources For Living	Resources For Living helps connect you to resources in your community such as senior housing, adult daycare, meal subsidies, community activities and more.

Substance abuse

Your doctor may need approval from us before we cover these services. This is called **prior authorization** or pre-certification.

Benefit	Your in-network costs	Your out-of-network costs
Outpatient substance abuse therapy	$40	50%

Visitor/travel benefit

Plan rules continue to apply. **Prior authorizations** are required for certain services.

Benefit	
Visitor/travel program: Explorer	Allows you to remain in your plan for up to 12 months when you are outside our plan's service area. You can see an Aetna Medicare participating provider anywhere in the United States who accepts PPO members and pay in-network cost shares. Not all providers participate in the multi-state network. You also have the option of seeing a non-participating provider and paying the out-of-network cost for the visit. Contact us for help finding a participating provider in the area you're traveling to.

24-Hour Nurse Line

Talk to a registered nurse anytime, day or night.

Benefit	Your costs in our plan
Nurse Line	$0

Contact quick reference

Contact name	Phone number (TTY: 711)	Website
Aetna: Before you enroll	**1-833-859-6031**	**AetnaMedicare.com**
Aetna: After you enroll	Member Services: **1-833-570-6670**	**AetnaMedicare.com/H5521-330**
Your agent/broker (use this space to write down your agent/broker's phone number)		
Find a network doctor or hospital	**1-833-570-6670**	**AetnaMedicare.com/findprovider**
24-Hour Nurse Line	**1-855-493-7019**	Please call
Aetna (dental)	**1-833-570-6670**	**AetnaMedicare.com/dental**
BrainHQ (memory fitness)	**1-888-845-0565 (TTY: 711)**	**Aetna.BrainHQ.com**
EyeMed (vision)	**1-844-486-3485 (TTY: 711)**	**AetnaMedicareVision.com**
NationsHearing	**1-877-225-0137 (TTY: 711 for the hearing and speech impaired)**	**Aetna.NationsBenefits.com/Hearing**
OneTouch/LifeScan	**1-877-764-5390 Brochure code: 123AET200**	**OneTouch.orderpoints.com**
Over-the-counter (OTC) benefit	**1-833-331-1573 (TTY: 711)**	**cvs.com/otchs/myorder**
SilverSneakers	**1-888-423-4632 (TTY/TDD: 711)**	**SilverSneakers.com**

Aetna, CVS Pharmacy® and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See *Evidence of Coverage* for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our member services number or see your *Evidence of Coverage* for more information, including the cost sharing that applies to out-of-network services.

Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

To send a complaint to Aetna, call the Plan or the number on your member ID card. To send a complaint to Medicare, call 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include the name of the person when filing your grievance.

Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies.

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